

Preschool Daily Routine

2.5 years – 4 years

Below is a breakdown of a typical day at Windermere Early Learning Centre. As you will find we have a pretty enjoyable day! Please remember this is a general guideline and the schedule or routine may change based on the needs of the children.

Routine

7:00 – 9:00am	Children are greeted as they arrive and will enjoy free play at centers and activities of their choice.
9:00 – 9:30 am	Children are invited to Morning Snack
9:30 – 10:00 am	Story and Circle Time – time to sing, dance, get rid of extra wiggles then enjoy amazing stories and finger plays.
10:00 – 11:15 am	Bathroom Break then get ready for outdoor play. Outdoor play weather permitting, gross motor in flexi room, or enjoy free play in our room.
11:15 am – 11:45 am	Learning Time: during this time the children learn about colors, shapes, letters, numbers and work on our fine motor skills. This may be special learning centers, walks outside, baking, crafts, etc. Kids are kids only once and we want them to have fun as they learn
11: 45 am – 12:15 pm	Children are invited to lunch. As they finish lunch they have a bathroom break.
12:15 pm – 12:30 pm	As children finish lunch they have a bathroom break and begin to prepare for quiet/nap time. We will read or listen to stories as we get ready.
12:30pm – 2:30 pm	Quiet/Nap time: During this time children begin to fall asleep. We ask all the children to lay quietly until the children that need to sleep have fallen asleep. As children wake up they are directed to the washroom. Children then are able to play quiet activities or read books quietly on their cots.
2:30 pm – 3:00 pm	Children are asked to wash their hands and enjoy Afternoon Snack
3:00 pm – 3:30 pm	Story & Circle time: Dancing, singing, exercising and music too. Time to act fun and silly! Time to get our wiggles out!
3:30 pm – 4:00 pm	Learning Time – This time may be used for theme activities, crafts, and children’s interest centers.
4:00 pm – 5:15 pm	Outdoor play weather permitting, Activity Room, Free play – during this time we enjoy free play, learning centers, child interest centers and activities, games and fun.
5:15 pm – 5:45 pm	At this time we begin to get ready to go home, we will clean up our messy centers and enjoy table activities, manipulatives, games, etc. We may join our partner room to play as well.

* Please do not ask us to keep your child up at rest time, rest time is important for children as our days are jam packed with activity. *