

Toddlers Daily Routine

12 month – 30 months

Below is a breakdown of a typical day at Windermere Early Learning Centre. As you will find we have a pretty enjoyable day! Please remember this is a general guideline and the schedule or routine may change based on the needs of the children.

Routine

7:00 – 8:45 am	Children are greeted as they arrive and will enjoy free play at centers and activities of their choice.
8:45 – 9:00 am	Circle Time/Story Time then a quick bathroom break before snack.
9:00 – 9:30 am	Morning Snack
9:30 – 10:00 am	Bathroom Break – at this time the staff will get the children ready to go outside weather permitting or to the activity room.
10:00 – 11:15 am	Outdoor play weather permitting, gross motor in flexi room, or enjoy free play in our room.
11:15 am – 11:30 am	Children arrive back to the room, wash hands and get ready for lunch
11:30 am – 12:00 pm	Children are invited to lunch. As they finish lunch they have a bathroom break.
12:00 pm – 2:00 pm	Nap time – children go to their cots and enjoy some quiet music, snuggles, or back rubs as they begin to rest.
2:00 – 2:30 pm	As our children wake up from rest time there is a bathroom break and quiet activities while their friends wake up.
2:30 pm – 3:00 pm	Afternoon Snack
3:00 pm – 3:30 pm	Music time – time for dancing, singing, exercising and music. Time to be silly and get our wiggles out!
3:30 pm – 4:15 pm	Outdoor Play weather permitting, gross motor in the flexi room, or enjoy free play.
4:15 pm – 4:30 pm	Bathroom Break
4:30 pm – 5:30 pm	Free play, crafts, centers, or outdoor play, during this time we may also visit friends from our partner room.
5:30 pm – 5:45 pm	Children will enjoy stories, snuggles, table activities with our staff. At this time they may be grouped with some of the 2 and 3 year olds for quiet activities.

*Rest times may vary with this age group depending on their age and current napping schedule. Our goal for this group is to gradually move to one nap each day between 12 – 3pm *